



General Athletics Annual Year End Report

12/15/2020

1. We would like to thank everyone at Ararat for their support and contributions throughout this difficult year.
2. **Members:**
 - a. **Chair: Razmik Moghadasian, Treasurer: Alina Baharians, Secretary: Araz Maleky and our Advisors: Armine Zadour and Valod Grigor**
3. Meetings for the committee were held mainly at the first half of the year monthly with subcommittees and CEB to get more information about the situation revolving Covid-19 and the impact it would have with Ararat. While there were not many opportunities for the GA to meet in person we held zoom meetings to maintain a communication network. Our meetings regularly have the CEB liaison and Athletic Director in attendance.
 - a. This year the GA focused on building a bridge of communication with CEB and subcommittees to improve participation among the committees.
4. Unfortunately with the situation we have been facing this year regarding the impact Covid-19 has taken, athletes and coaches have been trying to find ways to mimic the previous climate at Ararat.
 - a. We have had a lot of ideas for fundraising at the start of the year but there has not been an opportunity to plan events due to lockdown.
 - b. This year we hoped to host an outdoor event during the summer. These plans were put on pause.
 - c. Other ideas included parties catered to each age group for all of GA in order to create a relationship among players of different sports.
5. We look forward to the new year and new ways we can work together to bring new ideas and new energy to our members. We aim to be a great asset to Ararat CEB and each subcommittee.
6. Below are summaries of each subcommittee's report.
 - a. Including their income, expenses, and activity throughout the year.
 - b. Our budget was a culmination of each sports budget for tournaments, uniforms, fundraising, and training but most of it was not used/reached.



Volleyball:

1. **Members: Talin Mardirossian, Chair Denise Nazarian, Vice Chair Hanriet Minasian, Treasurer** and had two additional members but they withdrew.
2. They had one tournament at the beginning of the year:
 - a. \$400 profit from the fees
 - b. 4 teams participated and 3 of the Ararat teams were placed.
3. They became more active on social media with a 200% increase of followers and posts on drills and practices held
4. There are 3 major division zoom meetings with positive feedback and gifts for participants.
 - a. Coach Tama Miyashiro
 - i. 50 participants and gave positive feedback.
 - b. Two seminars with 40 participants:
 - i. “How to Rock Your Sport Season Feeling Strong and Injury Free” with Dr. Minasian and Dr. Burk. Presentation about the 5 most common sports injuries Ararat gave guests a first aid kit as a participation/thank you gift.
 - ii. How to Be Kind to Your Mind and Body” with Narina Minasian and Nora Chitilian. Covering nutrition and a positive mindset
5. Outdoor practices have started in July
 - a. U12-14, U14 and U18 practiced
6. There are 11 new members on the U12-14 team.
7. Pumpkin Pie Fundraiser with a \$1433 profit donated to Armenia Fund
8. Zoom meetings were held with coaches and parents
9. Expenses from the outdoor net and social media challenge winner and income from tournaments, membership fees, and fundraisers= \$4738-\$622.49



Soccer:

- 1. Members: Allen Grakasian – Chair, Serj Megerdichian – Vice Chair, Annethe Postik – Secretary, Melineh Gharibians – Treasurer, Melineh Babachanians – Advisor, Selin Asatorians – Advisor, and Heratch Gharibian – Advisor**
 - a. Selin and Annethe resigned between the year
2. The income was \$1,947, and our expense was \$1,239.22 for a net income of \$707.78.
3. Their schedule at the beginning of the year was the Homenetmen Shant Tournament and a hike with the U14/16 and U18 boys.
4. Meetings were held bimonthly before quarantine and at least once a month during.
 - a. Had a Happy Hour with committee members and coaches.
5. The first practices were practice since before quarantine on Monday, July 20th, with a mix of just 10 of the U14-16 boys then other coaches began their practices.
 - a. On Monday's there are about 30 players and 50 on Wednesdays.
6. There are 10 new players
7. They had a larger social media presence: Nutrition tips for athletes, Strength/core videos for athletes, Soccer drills, Mother's Day Posts and Member Highlights
8. They had a fundraiser: Car Wash on Nov. 14
 - a. 40 volunteers raising \$4000 for Artsakh.

Table Tennis

- 1. Members:**
 - a. Adult committee: Y Zorik Vartanian , Y Robert Shahnazari , Y Masis Zadour**
 - b. Youth committee: K Violet Mesrkhani ,Y Razmik Mesrkhani ,Y Sebu Sabouchian**
2. Tournaments have been canceled but there are usually a number each year such as the Kaham games and Navasartians.
3. Ararat Table Tennis committee held a number of Zoom meetings and started to work on new programs for outdoor practices.
4. They began the year with 40 adult members and 11 youth members. We now have 10 active adults and 8 youth members.
5. This year they worked towards using a professional coach (Coach Soumar Hadad) to lead the youth program and continued their programs and practices.