Objective
Our objective is to ensure that all our members have a positive and enjoyable introduction to the sport of Rhythmic Gymnastics.

The program provides a wide variety of physical activities that enhances children’s ability to develop the necessary skills to become better athletes, in both a recreational or competitive environment.

Practices
Our program offers practice sessions two to three times a week based on the age and skills of the individual gymnast.

Practice days are assigned by the head coach after evaluation. More information is available through our athletic office and online.
You Are Part Of This
Programs like this would not exist without your generous support. Your financial assistance goes a long way. The Rhythmic Gymnastics committee provides numerous sponsorship opportunities to businesses and individuals alike. Contact our committee members for more details and become part of our ever-growing list of supporters.

Registration
Each athlete is required to have a current, fully paid membership with Homenetmen Glendale “Ararat” Chapter. All appropriate forms must be completed and filled prior to use of the gym. Athletes are required to sign-in and present their membership cards at every practice. Applications are available at our athletic office.

Contact Information
For further information you can visit our athletic office
Or call @ 323-256-0651.
www.Ararat.org

Homenetmen Glendale “Ararat” Chapter
3347 N. San Fernando Rd.
Los Angeles, CA 90065

Coaches
We constantly strive to improve the quality of our program through qualified coaches.

Currently all our coaches are well experienced and are coaching within the USA Gymnastics guidelines.

Parent Committee
Parents are required to be involved & help in some aspects of the program. The Rhythmic Gymnastics committee is devoted to encourage parents’ involvement. The committee continuously evaluates and improves the quality, and benefits of our Rhythmic program.

Competitions
The Rhythmic Gymnastics program features competitions for all levels. Gymnasts participate in various competitions annually. Additionally, they take part in different organized events, such as performances, when available.

Coach and Program Director Ovsanna Mkhchian